



ASHLAND YMCA POOL SCHEDULE November 2024

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WEST POOL

Adult Open Swim

Monday-Friday

7:45-9:00 am
9:00-10:00 am – class only - please register
(max of 20 participants)

FAMILY OPEN SWIM

Thursday

5:00-8:00 pm

Friday

5:00-6:30 pm

Saturday

11:00am-2:00 pm

Sunday

1:00-4:00 pm

Holiday Hours:

NOVEMBER 27 and 29 1:00-3:00pm

Rentals:

November 2 – 1-2pm

November 3 – 3-4pm

November 17 – 1-2pm

November 24 – 1-2pm

The pool will be closed during the above listed time. Please call for the most up to date information regarding pool closures.

**WEST POOL; 9 FT. depth
20 Yards, 4 Lanes
84 laps to a mile**

WATER FITNESS

WEST POOL

MONDAY - Aquacise

9:00-10:00 am

TUESDAY - Arthritis

9:00-10:00 am

WEDNESDAY - Aquacise

9:00-10:00 am

Aqua Zumba

6:45-7:30 pm

THURSDAY - Arthritis

9:00-10:00 am

FRIDAY - Aquacise

9:00-10:00 am

*class times and instructors are subject to change based on special swim programs and availability

Attention:
Both pools will close for thunder or lightning.

The pool is subject to close due to rentals or lifeguard availability.

The capacity of the pool is limited to 25 patrons, if the capacity is reached, you may be asked to leave.

aquatics@ashlandy.org

EAST POOL

Lap Swimming ONLY

Monday – Friday

5:45-7:30 am

10:30-12:30 pm

5:00-6:30 pm Shared lap swimming with swim team

Saturday

7:30-9:00 am Shared lap swimming with swim team

November 21 evening lap swim closed due to swim meet

November 23 closed due to a swim meet.

The East pool is for lap swimming and private lessons only. Please move up and down the lanes continuously.

**EAST POOL: 10 ft depth
25 Meters, 6 Lanes
66 laps to a mile**