



ASHLAND YMCA POOL SCHEDULE December 2024

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WEST POOL

Adult Open Swim

Monday-Friday

7:45-9:00 am
9:00-10:00 am – class only - please register
(max of 20 participants)

FAMILY OPEN SWIM

Thursday

5:00-8:00 pm

Friday

5:00-6:30 pm (closed Dec 20)

Saturday

11:00am-2:00 pm

Sunday

1:00-4:00 pm

Holiday Hours:

December 26,27,30,2,3

12:00-3:00pm

The pool will be closed during the above listed time. Please call for the most up to date information regarding pool closures.

**WEST POOL; 9 FT. depth
20 Yards, 4 Lanes
84 laps to a mile**

WATER FITNESS

WEST POOL

MONDAY - Aquacise

9:00-10:00 am

TUESDAY - Arthritis

9:00-10:00 am

WEDNESDAY - Aquacise

9:00-10:00 am

Aqua Zumba

6:45-7:30 pm

THURSDAY - Arthritis

9:00-10:00 am

FRIDAY - Aquacise

9:00-10:00 am

*class times and instructors are subject to change based on special swim programs and availability

Attention:
Both pools will close for thunder or lightning.

The pool is subject to close due to rentals or lifeguard availability.

The capacity of the pool is limited to 25 patrons, if the capacity is reached, you may be asked to leave.

aquatics@ashlandy.org

EAST POOL

Lap Swimming ONLY

Monday – Friday

5:45-7:30 am

10:30-12:30 pm (closed Dec 24 and 31)

5:00-6:30 pm Shared lap swimming with swim team

Saturday

7:30-9:00 am Shared lap swimming with swim team

December 4 evening lap swim closed due to swim meet

The East pool is for lap swimming and private lessons only. Please move up and down the lanes continuously.

**EAST POOL: 10 ft depth
25 Meters, 6 Lanes
60 laps to a mile**